

WHOLE SCHOOL END POINTS

PERSONAL SOCIAL HEALTH ECONOMIC EDUCATION



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A	EY	Building Relationship Making Friends	Self-Regulation Feelings	Self-Regulation Following Rules	Building Relationships Being a good friend	Building Relationships Resolving conflict	Managing Self Being Healthy
	Y1/2	TEAM Relationships	Think Positive Health and Wellbeing	Diverse Britain Living in the Wider World	Be Yourself Relationships	It's My Body Health and Wellbeing	Aiming High Living in the Wider World
	Y3/4	TEAM Relationships	Think Positive Health and Wellbeing	Diverse Britain Living in the Wider World	Be Yourself Relationships	It's My Body Health and Wellbeing	Aiming High Living in the Wider World
	Y5/6	TEAM Relationships	Think Positive Health and Wellbeing	Diverse Britain Living in the Wider World	Be Yourself Relationships	It's My Body Health and Wellbeing	Aiming High Living in the Wider World
Cycle B	EY	Building Relationship Making Friends	Self-Regulation Feelings	Self-Regulation Following Rules	Building Relationships Being a good friend	Building Relationships Resolving conflict	Managing Self Being Healthy
	Y1/2	KS1 Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	Digital Wellbeing Relationships	Money Matters Living in the Wider World	Growing Up Health and Wellbeing
	Y3/4	VIPs Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	Digital Wellbeing Relationships	Money Matters Living in the Wider World	Growing Up Health and Wellbeing
	Y5/6	VIPs Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	Digital Wellbeing Relationships	Money Matters Living in the Wider World	Growing Up Health and Wellbeing

		Cycle A					
		Autumn		Spring		Summer	
Early Years	Building Relationship Making Friends <ul style="list-style-type: none"> • Talk about a friend they have • Give examples of adults who can help resolve conflicts in school / home 	Self-Regulation Feelings <ul style="list-style-type: none"> • Talk about their own and others feelings (happy, sad, angry). 	Self-Regulation Following Rules <ul style="list-style-type: none"> • Know the class rules and talk about why they are important 	Building Relationships Being a good friend <ul style="list-style-type: none"> • Give examples of how to be a good friend 	Building Relationships Resolving conflict <ul style="list-style-type: none"> • Talk about ways we can resolve conflict beginning to negotiate 	Managing Self Being Healthy <ul style="list-style-type: none"> • Give examples of ways we can keep healthy (diet, exercise, sleep etc) 	
	TEAM Relationships <ul style="list-style-type: none"> • Explain how to be kind and why it is important • Identify the consequences of my choices 	Think Positive Health and Wellbeing <ul style="list-style-type: none"> • Discuss feelings and opinions with others • Discuss things I am thankful for. • Make good choices and consider the impact of my decisions 	Diverse Britain Living in the Wider World <ul style="list-style-type: none"> • Explain the different groups they belong to. • Explain the different roles they have in their community. • To recognise how they are the same and are different. 	Be Yourself Relationships <ul style="list-style-type: none"> • Communicate about feelings and respond to their own and others' feelings. 	It's My Body Health and Wellbeing <ul style="list-style-type: none"> • Make healthy choices about: sleep, exercise, food and drink • Know how to keep my mind and body safe 	Aiming High Living in the Wider World <ul style="list-style-type: none"> • Talk about things I would like to achieve in the future • Know how a positive learning attitude can help me 	
Year 3/4	TEAM Relationships <ul style="list-style-type: none"> • Explain how to make and keep friends • Demonstrate strategies for resolving conflicts 	Think Positive Health and Wellbeing <ul style="list-style-type: none"> • Recognise and manage positive and negative thoughts effectively • Use mindfulness techniques 	Diverse Britain Living in the Wider World <ul style="list-style-type: none"> • To value the different contributions that people and groups make to the community • Identify the different groups that make up their community and explain what living in a community means 	Be Yourself Relationships <ul style="list-style-type: none"> • Know how to be assertive • Identify the feelings I have and explain how different emotions feel 	It's My Body Health and Wellbeing <ul style="list-style-type: none"> • Understand the importance of hygiene and what to do if I feel unwell • Know how make better choices and choose healthy habits 	Aiming High Living in the Wider World <ul style="list-style-type: none"> • Identify personal goals and suggest actions I can take to achieve them • Identify the skills and attributes needed for my future career 	
	TEAM Relationships <ul style="list-style-type: none"> • Know the attributes of a good team • Understand the importance of shared responsibilities 	Think Positive Health and Wellbeing <ul style="list-style-type: none"> • Understand the link between thoughts, feelings and behaviours • Know to understand a growth mindset in my everyday life 	Diverse Britain Living in the Wider World <ul style="list-style-type: none"> • Explain the terms democracy and human rights • Discuss the range of faiths and ethnicities in our nation 	Be Yourself Relationships <ul style="list-style-type: none"> • Describe uncomfortable feelings and understand how to manage them • Explain why everyone is unique and understand why this should be celebrated and respected. 	It's My Body Health and Wellbeing <ul style="list-style-type: none"> • Know that my body belongs to me and I have control over what happens to it • Make informed choices to look after my physical and mental health 	Aiming High Living in the Wider World <ul style="list-style-type: none"> • Understand how people learn new things and achieve goals • Know a helpful attitude towards learning can help me succeed 	
Year 5/6	TEAM Relationships <ul style="list-style-type: none"> • Know the attributes of a good team • Understand the importance of shared responsibilities 	Think Positive Health and Wellbeing <ul style="list-style-type: none"> • Understand the link between thoughts, feelings and behaviours • Know to understand a growth mindset in my everyday life 	Diverse Britain Living in the Wider World <ul style="list-style-type: none"> • Explain the terms democracy and human rights • Discuss the range of faiths and ethnicities in our nation 	Be Yourself Relationships <ul style="list-style-type: none"> • Describe uncomfortable feelings and understand how to manage them • Explain why everyone is unique and understand why this should be celebrated and respected. 	It's My Body Health and Wellbeing <ul style="list-style-type: none"> • Know that my body belongs to me and I have control over what happens to it • Make informed choices to look after my physical and mental health 	Aiming High Living in the Wider World <ul style="list-style-type: none"> • Understand how people learn new things and achieve goals • Know a helpful attitude towards learning can help me succeed 	

		Cycle B					
		Autumn		Spring		Summer	
Early Years	Building Relationship Making Friends	Self-Regulation Feelings	Self-Regulation Following Rules	Building Relationships Being a good friend	Building Relationships Resolving conflict	Managing Self Being Healthy	
	<ul style="list-style-type: none"> • Talk about a friend they have • Give examples of adults who can help resolve conflicts in school / home 	<ul style="list-style-type: none"> • Talk about their own and others feelings (happy, sad, angry). 	<ul style="list-style-type: none"> • Know the class rules and talk about why they are important 	<ul style="list-style-type: none"> • Give examples of how to be a good friend 	<ul style="list-style-type: none"> • Talk about ways we can resolve conflict • Begin to negotiate with others 	<ul style="list-style-type: none"> • Give examples of ways we can keep healthy (diet, exercise, sleep etc) 	
Year 1/2	VIPs Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	Digital Wellbeing Relationships	Money Matters Living in the Wider World	Growing Up Health and Wellbeing	
	<ul style="list-style-type: none"> • Explain why families are important • Explain why friends are important 	<ul style="list-style-type: none"> • Talk about how you stay safe at home • Talk about how you stay safe outside • Talk about how you stay safe with strangers 	<ul style="list-style-type: none"> • Give examples of similarities and differences between life in the UK and different countries • Explain how you can help protect our world 	<ul style="list-style-type: none"> • Talk about why the internet is useful • Explain how you stay safe online 	<ul style="list-style-type: none"> • Explain what different forms money comes in • Explain the difference between things you need and things you want 	<ul style="list-style-type: none"> • Explain how your body changes throughout your life • Talk about how we are all different 	
Year 3/4	VIPs Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	Digital Wellbeing Relationships	Money Matters Living in the Wider World	Growing Up Health and Wellbeing	
	<ul style="list-style-type: none"> • Explain how you make and keep friends • Talk about how you could help if a friend was being bullied 	<ul style="list-style-type: none"> • Explain what you would do in an emergency situation • Explain how dangerous substances affect the human body 	<ul style="list-style-type: none"> • Explain why human rights are important • Explain how charities help in challenging situations 	<ul style="list-style-type: none"> • Talk about the positives and negatives of the internet • Explain how you share online information responsibly 	<ul style="list-style-type: none"> • Explain the risks of borrowing money • Talk about how adverts can influence your spending 	<ul style="list-style-type: none"> • Explain changes to the body as you go through puberty • Talk about different types of relationships and families 	
Year 5/6	VIPs Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	Digital Wellbeing Relationships	Money Matters Living in the Wider World	Growing Up Health and Wellbeing	
	<ul style="list-style-type: none"> • Explain how family and friends should treat each other • Give a definition of the word 'bullying' 	<ul style="list-style-type: none"> • Explain strategies you use to manage peer pressure • Explain the risks in different situations 	<ul style="list-style-type: none"> • Explain what global warming is and how we can prevent it getting any worse • Explain what biodiversity is 	<ul style="list-style-type: none"> • Discuss the signs of inappropriate and harmful online relationships • Explain what you would do if you saw or experienced online bullying 	<ul style="list-style-type: none"> • Explain the usefulness of budgeting • Talk about how money can impact on a person's emotional well being 	<ul style="list-style-type: none"> • Talk about how factors that might affect how you feel about yourself • Explain the process of human reproduction 	