

## WHOLE SCHOOL END POINTS



## PERSONAL SOCIAL HEALTH ECOMONIC EDUCATION

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A	EY	Building Relationship Making Friends	<b>Self-Regulation</b> Feelings	Self-Regulation Following Rules	<b>Building Relationships</b> Being a good friend	Building Relationships Resolving conflict	<b>Managing Self</b> Being Healthy
	Y1/2	<b>TEAM</b> Relationships	Think Positive Health and Wellbeing	<b>Diverse Britain</b> Living in the Wider World	<b>Be Yourself</b> Relationships	<b>It's My Body</b> Health and Wellbeing	Aiming High Living in the Wider World
	Y3/4	<b>TEAM</b> Relationships	<b>Think Positive</b> Health and Wellbeing	<b>Diverse Britain</b> Living in the Wider World	<b>Be Yourself</b> Relationships	<b>It's My Body</b> Health and Wellbeing	Aiming High Living in the Wider World
	Y5/6	<b>TEAM</b> Relationships	Think Positive Health and Wellbeing	<b>Diverse Britain</b> Living in the Wider World	<b>Be Yourself</b> Relationships	<b>It's My Body</b> Health and Wellbeing	Aiming High Living in the Wider World
	EY	Building Relationship Making Friends	<b>Self-Regulation</b> Feelings	Self-Regulation Following Rules	<b>Building Relationships</b> Being a good friend	Building Relationships Resolving conflict	<b>Managing Self</b> Being Healthy
e B	Y1/2	<b>KS1</b> Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	<b>Digital Wellbeing</b> Relationships	Money Matters Living in the Wider World	<b>Growing Up</b> Health and Wellbeing
Cycle B	Y3/4	<b>VIPs</b> Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	<b>Digital Wellbeing</b> Relationships	Money Matters Living in the Wider World	<b>Growing Up</b> Health and Wellbeing
	Y5/6	<b>VIPs</b> Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	<b>Digital Wellbeing</b> Relationships	Money Matters Living in the Wider World	<b>Growing Up</b> Health and Wellbeing

		Cycle A						
		Auti	umn	Spring		Summer		
ars		Building Relationship Making Friends	<b>Self-Regulation</b> Feelings	Self-Regulation Following Rules	Building Relationships Being a good friend	Building Relationships Resolving conflict	Managing Self Being Healthy	
Early Years	•	Talk about a friend they have Give examples of adults who can help resolve conflicts in school / home	<ul> <li>Talk about their own and others feelings (happy, sad, angry).</li> </ul>	Know the class rules and talk about why they are important	Give examples of how to be a good friend	Talk about ways we can resolve conflict beginning to negotiate	Give examples of ways we can keep healthy (diet, exercise, sleep etc)	
Year 1/2		<b>TEAM</b> Relationships	Think Positive Health and Wellbeing	<b>Diverse Britain</b> Living in the Wider World	<b>Be Yourself</b> Relationships	<b>It's My Body</b> Health and Wellbeing	Aiming High Living in the Wider World	
	•	<ul> <li>Explain how their actions have consequences for themselves and others.</li> <li>Demonstrate growing responsibility and independence when carrying out everyday tasks</li> </ul>		<ul> <li>Describe ways of keeping safe in familiar situations.</li> <li>Communicate about feelings and respond to their own and others' feelings.</li> <li>Explain how they like to rest and relax, knowing that this contributes to their well being</li> </ul>		<ul> <li>Identify the main body parts, including differences between boys and girls</li> <li>Identify physical contact is acceptable and comfortable.</li> <li>Explain in simple terms where money comes from &amp;what money is used for in everyday life</li> <li>Use the terms spend and save correctly.</li> <li>Demonstrate a realistic idea of how much everyday items cost</li> </ul>		
Year 3/4		<b>TEAM</b> Relationships	<b>Think Positive</b> Health and Wellbeing	<b>Diverse Britain</b> Living in the Wider World	<b>Be Yourself</b> Relationships	<b>It's My Body</b> Health and Wellbeing	Aiming High Living in the Wider World	
	•	<ul> <li>Identify different types of relationship and show ways to maintain good relationships.</li> <li>Respond to, or challenge, negative behaviours</li> <li>Know how to make a clear and efficient call to the emergency services.</li> <li>Know school rules about health and safety and basic emergency aid procedures</li> </ul>		<ul> <li>Describe ways of resisting negative peer pressure.</li> <li>Recognise ways a relationship can be unhealthy &amp; who they can talk to if need support</li> <li>Describe situations they find stressful; explain some ways to help with this</li> <li>Assess and manage risks associated with personal lifestyle and activity choices</li> <li>Explain how things can be misinterpreted or misrepresented.</li> </ul>		<ul> <li>Recognise ways a relationship can be unhealthy and where to get support</li> <li>Develop their understanding of online safety - protecting personal details</li> <li>Describe how people can earn/manage/save money, including how to budget</li> <li>Discuss how to make money and show enterprise</li> </ul>		
		<b>TEAM</b> Relationships	Think Positive Health and Wellbeing	<b>Diverse Britain</b> Living in the Wider World	Be Yourself Relationships	<b>It's My Body</b> Health and Wellbeing	Aiming High Living in the Wider World	
Year 5/6	•			<ul> <li>Explain the consequences of peer pressure and bullying in different situations.</li> <li>Talk about how to resolve conflicts.</li> <li>Explain benefits of being emotionally, physically &amp; mentally healthy &amp; what can affect this</li> <li>Give quality, constructive feedback when working collaboratively.</li> </ul>		<ul> <li>Describe different types of care and love extending vocab</li> <li>Explain how a variety of social and personal relationships might change over time</li> <li>Explain what it means to be an ethical consumer</li> <li>Talk about a range of jobs and explain how they will develop skills to work in the future.</li> </ul>		

	Cycle B						
	Aut	umn	Spr	ing	Summer		
Early Years	Building Relationship Making Friends	<b>Self-Regulation</b> Feelings	Self-Regulation Following Rules	<b>Building Relationships</b> Being a good friend	Building Relationships Resolving conflict	Managing Self Being Healthy	
	<ul> <li>Talk about a friend they have</li> <li>Give examples of adults who can help resolve conflicts in school / home</li> </ul>	<ul> <li>Talk about their own and others feelings (happy, sad, angry).</li> </ul>	Know the class rules and talk about why they are important	Give examples of how to be a good friend	<ul> <li>Talk about ways we can resolve conflict beginning to negotiate</li> </ul>	Give examples of ways we can keep healthy (diet, exercise, sleep etc)	
Year 1/2	VIPs Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	<b>Digital Wellbeing</b> Relationships	<b>Money Matters</b> Living in the Wider World	<b>Growing Up</b> Health and Wellbeing	
	<ul> <li>Explain why families are important</li> <li>Explain why friends are important</li> </ul>	<ul> <li>Talk about how you stay safe at home</li> <li>Talk about how you stay safe outside</li> </ul>	<ul> <li>Give examples of similarities and differences between life in the UK and different countries</li> <li>Explain how you can help protect our world</li> </ul>	<ul> <li>Talk about why the internet is useful</li> <li>Explain how you stay safe online</li> </ul>	<ul> <li>Explain what different forms money comes in</li> <li>Explain the difference between things you need and things you want</li> </ul>	<ul> <li>Explain how your body changes throughout your life</li> <li>Talk about how we are all different</li> </ul>	
	<b>VIPs</b> Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	<b>Digital Wellbeing</b> Relationships	Money Matters Living in the Wider World	Growing Up Health and Wellbeing	
Year 3/4	<ul> <li>Explain how you make and keep friends</li> <li>Talk about how you could help if a friend was being bullied</li> </ul>	<ul> <li>Explain what you would do if your friends asked you to do something you didn't want to</li> <li>Explain how dangerous substances affect the human body</li> </ul>	<ul> <li>Explain why human rights are important</li> <li>Explain what climate change is and how it affects people's lives</li> </ul>	<ul> <li>Talk about the positives and negatives of the internet</li> <li>Explain how you share online information responsibly</li> </ul>	<ul> <li>Explain the risks of borrowing money</li> <li>Talk about how adverts can influence your spending</li> </ul>	<ul> <li>Explain changes to the body as you go through puberty</li> <li>Talk about different types of relationships and families</li> </ul>	
Year 5/6	VIPs Relationships	Safety First Health and Wellbeing	One World Living in the Wider World	<b>Digital Wellbeing</b> Relationships	Money Matters Living in the Wider World	Growing Up Health and Wellbeing	
	<ul> <li>Explain how family and friends should treat each other</li> <li>Give a definition of the word 'bullying'</li> </ul>	<ul> <li>Explain strategies you use to manage peer pressure</li> <li>Explain the risks in different situations</li> </ul>	<ul> <li>Explain what global warming is and how we can prevent it getting any worse</li> <li>Explain what biodiversity is</li> </ul>	<ul> <li>Discuss the signs of inappropriate and harmful online relationships</li> <li>Explain what you would do if you saw or experienced online bullying</li> </ul>	<ul> <li>Explain the usefulness of budgeting</li> <li>Talk about how money can impact on a person's emotional well being</li> </ul>	<ul> <li>Talk about how factors might affect how you feel about yourself</li> <li>Explain the process of human reproduction</li> </ul>	