



**WHOLE SCHOOL OVERVIEW**  
**PERSONAL SOCIAL HEALTH ECONOMIC EDUCATION**

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Cycle A</b>	Y1/2	<b><u>TEAM</u></b> Relationships	<b><u>Think Positive</u></b> Health and Wellbeing	<b><u>Diverse Britain</u></b> Living in the Wider World	<b><u>Be Yourself</u></b> Relationships	<b><u>It's My Body</u></b> Health and Wellbeing	<b><u>Aiming High</u></b> Living in the Wider World
	Y3/4	<b><u>TEAM</u></b> Relationships	<b><u>Think Positive</u></b> Health and Wellbeing	<b><u>Diverse Britain</u></b> Living in the Wider World	<b><u>Be Yourself</u></b> Relationships	<b><u>It's My Body</u></b> Health and Wellbeing	<b><u>Aiming High</u></b> Living in the Wider World
	Y5/6	<b><u>TEAM</u></b> Relationships	<b><u>Think Positive</u></b> Health and Wellbeing	<b><u>Diverse Britain</u></b> Living in the Wider World	<b><u>Be Yourself</u></b> Relationships	<b><u>It's My Body</u></b> Health and Wellbeing	<b><u>Aiming High</u></b> Living in the Wider World
<b>Cycle B</b>	Y1/2	<b><u>KS1</u></b> Relationships	<b><u>Safety First</u></b> Health and Wellbeing	<b><u>One World</u></b> Living in the Wider World	<b><u>Digital Wellbeing</u></b> Relationships	<b><u>Money Matters</u></b> Living in the Wider World	<b><u>Growing Up</u></b> Health and Wellbeing
	Y3/4	<b><u>VIPs</u></b> Relationships	<b><u>Safety First</u></b> Health and Wellbeing	<b><u>One World</u></b> Living in the Wider World	<b><u>Digital Wellbeing</u></b> Relationships	<b><u>Money Matters</u></b> Living in the Wider World	<b><u>Growing Up</u></b> Health and Wellbeing
	Y5/6	<b><u>VIPs</u></b> Relationships	<b><u>Safety First</u></b> Health and Wellbeing	<b><u>One World</u></b> Living in the Wider World	<b><u>Digital Wellbeing</u></b> Relationships	<b><u>Money Matters</u></b> Living in the Wider World	<b><u>Growing Up</u></b> Health and Wellbeing

Cycle A						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b><u>TEAM</u></b> Relationships	<b><u>Think Positive</u></b> Health and Wellbeing	<b><u>Diverse Britain</u></b> Living in the Wider World	<b><u>Be Yourself</u></b> Relationships	<b><u>It's My Body</u></b> Health and Wellbeing	<b><u>Aiming High</u></b> Living in the Wider World
Year 1/2	<ol style="list-style-type: none"> <li>Together Everyone Achieves More</li> <li>Listening</li> <li>Being Kind</li> <li>Bullying and Teasing</li> <li>Brilliant Brains</li> <li>Making Good Choices</li> </ol>	<ol style="list-style-type: none"> <li>Think Happy, Feel Happy</li> <li>It's Your Choice</li> <li>Go-Getters</li> <li>Let It Out</li> <li>Be Thankful</li> <li>Be Mindful</li> </ol>	<ol style="list-style-type: none"> <li>My School</li> <li>My Community</li> <li>My Neighbourhood</li> <li>My Country</li> <li>British People</li> <li>What Makes Me Proud of Britain?</li> </ol>	<ol style="list-style-type: none"> <li>Marvellous</li> <li>Feelings</li> <li>Things I Like</li> <li>Uncomfortable Feelings</li> <li>Changes</li> <li>Speak Up!</li> </ol>	<ol style="list-style-type: none"> <li>My Body, My Business</li> <li>Active and Asleep</li> <li>Happy Healthy Food</li> <li>Clean as a Whistle</li> <li>Can I Eat It?</li> <li>I Can Choose</li> </ol>	<ol style="list-style-type: none"> <li>Star Qualities</li> <li>Positive Learners</li> <li>Bright Futures</li> <li>Jobs for All</li> <li>Going for Goals</li> <li>Looking Forward</li> </ol>
	<b><u>TEAM</u></b> Relationships	<b><u>Think Positive</u></b> Health and Wellbeing	<b><u>Diverse Britain</u></b> Living in the Wider World	<b><u>Be Yourself</u></b> Relationships	<b><u>It's My Body</u></b> Health and Wellbeing	<b><u>Aiming High</u></b> Living in the Wider World
Year 3/4	<ol style="list-style-type: none"> <li>A New Start</li> <li>Together Everyone Achieves More</li> <li>Working Together</li> <li>Being Considerate</li> <li>When Things Go Wrong</li> <li>Responsibilities</li> </ol>	<ol style="list-style-type: none"> <li>Happy Minds, Happy People</li> <li>Thoughts and Feelings</li> <li>Changes</li> <li>Keep Calm and Relax</li> <li>You're the Boss</li> <li>Always Learning</li> </ol>	<ol style="list-style-type: none"> <li>Living in the British Isles</li> <li>Democracy</li> <li>Rules, Laws and Responsibilities</li> <li>Liberty</li> <li>Tolerance and Respect</li> <li>What Does It Mean to Be British?</li> </ol>	<ol style="list-style-type: none"> <li>Pride</li> <li>Feelings</li> <li>Express Yourself</li> <li>Know Your Mind</li> <li>Media Wise</li> <li>Making It Right</li> </ol>	<ol style="list-style-type: none"> <li>My Body, My Choices</li> <li>Fit as a Fiddle</li> <li>Good Night, Good Day</li> <li>Cough, Splutter, Sneeze!</li> <li>Drugs, Healing or Harmful?</li> <li>Choices Everywhere</li> </ol>	<ol style="list-style-type: none"> <li>Achievements</li> <li>Goals</li> <li>Always Learning</li> <li>Jobs and Skill</li> <li>No Limit!</li> <li>When I Grow Up</li> </ol>
	<b><u>TEAM</u></b> Relationships	<b><u>Think Positive</u></b> Health and Wellbeing	<b><u>Diverse Britain</u></b> Living in the Wider World	<b><u>Be Yourself</u></b> Relationships	<b><u>It's My Body</u></b> Health and Wellbeing	<b><u>Aiming High</u></b> Living in the Wider World
Year 5/6	<ol style="list-style-type: none"> <li>Together Everyone Achieves More</li> <li>Communicate</li> <li>Compromise and Collaborate</li> <li>Care</li> <li>Unkind Behaviour</li> <li>Shared Responsibilities</li> </ol>	<ol style="list-style-type: none"> <li>The Cognitive Triangle</li> <li>Thoughts Are Not Facts</li> <li>Face Your Feelings</li> <li>Choices and Consequences</li> <li>Being Present</li> <li>Yes, I Can!</li> </ol>	<ol style="list-style-type: none"> <li>Identities</li> <li>Communities</li> <li>Respecting the Law</li> <li>Local Government</li> <li>National Government</li> <li>Making a Difference</li> </ol>	<ol style="list-style-type: none"> <li>You are Unique</li> <li>Let It Out!</li> <li>Uncomfortable Feelings</li> <li>The Confidence Trick</li> <li>Do the Right Thing</li> <li>Making Amends</li> </ol>	<ol style="list-style-type: none"> <li>Your Body is Your Own</li> <li>Exercise Right, Sleep Tight</li> <li>Taking Care of Our Bodies</li> <li>Harmful Substances</li> <li>How We Think and Feel About Our Bodies</li> <li>Healthy Choices</li> </ol>	<ol style="list-style-type: none"> <li>You Can Achieve Anything! Breaking Down Barriers</li> <li>Future Focus</li> <li>Equal Opportunities</li> <li>The World of Work</li> <li>Onwards and Upwards</li> </ol>

**Cycle A**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	<b><u>KS1</u></b> Relationships	<b><u>Safety First</u></b> Health and Wellbeing	<b><u>One World</u></b> Living in the Wider World	<b><u>Digital Wellbeing</u></b> Relationships	<b><u>Money Matters</u></b> Living in the Wider World	<b><u>Growing Up</u></b> Health and Wellbeing
<b>Year 1/2</b>	<ol style="list-style-type: none"> <li>Who Are Your VIPs?</li> <li>Families</li> <li>Friends</li> <li>Falling Out</li> <li>Working Together</li> <li>Showing You Care</li> </ol>	<ol style="list-style-type: none"> <li>Safety First</li> <li>Staying Safe at Home</li> <li>Staying Safe Outside</li> <li>Staying Safe Around Strangers</li> <li>Safe Secrets and Surprises</li> <li>People Who Can Help</li> </ol>	<ol style="list-style-type: none"> <li>Families</li> <li>Homes</li> <li>Schools</li> <li>Environments</li> <li>Resources</li> <li>Planet Protectors</li> </ol>	<ol style="list-style-type: none"> <li>The Internet and Me</li> <li>Online and Offline</li> <li>Staying Safe Online</li> <li>Personal Information</li> <li>Communicating Online</li> <li>True or False?</li> </ol>	<ol style="list-style-type: none"> <li>Money</li> <li>Where Money Comes From</li> <li>Look After It</li> <li>Save or Spend?</li> <li>Want or Need?</li> <li>Going Shopping</li> </ol>	<ol style="list-style-type: none"> <li>Our Bodies</li> <li>Is it OK</li> <li>Pink and Blue</li> <li>Your Family, My Family</li> <li>Getting Older</li> <li>Changes</li> </ol>
	<b><u>VIPs</u></b> Relationships	<b><u>Safety First</u></b> Health and Wellbeing	<b><u>One World</u></b> Living in the Wider World	<b><u>Digital Wellbeing</u></b> Relationships	<b><u>Money Matters</u></b> Living in the Wider World	<b><u>Growing Up</u></b> Health and Wellbeing
<b>Year 3/4</b>	<ol style="list-style-type: none"> <li>Family and Friends</li> <li>Fabulous Friends</li> <li>Is This a Good Relationship?</li> <li>Falling Out</li> <li>What is Bullying?</li> <li>Stand up to Bullying</li> </ol>	<ol style="list-style-type: none"> <li>New Responsibilities</li> <li>Risks, Hazards and Danger</li> <li>Under Pressure</li> <li>Safety When Out and About</li> <li>Dangerous Substances</li> <li>Injuries and Emergencies</li> </ol>	<ol style="list-style-type: none"> <li>Chiwa and Kwende</li> <li>Chiwa's Dilemma</li> <li>Chiwa's Dilemma 2</li> <li>Chiwa's Sugar</li> <li>Chiwa's World</li> <li>Charity for Chiwa</li> </ol>	<ol style="list-style-type: none"> <li>The Digital World</li> <li>Digital Kindness</li> <li>Do I Know You?</li> <li>Online Information</li> <li>Keep It Private</li> <li>My Digital Wellness</li> </ol>	<ol style="list-style-type: none"> <li>Where Does Money Come From?</li> <li>Ways to Pay</li> <li>Reasons to Borrow</li> <li>Spending Decisions</li> <li>Advertising</li> <li>Keeping Track</li> </ol>	<ol style="list-style-type: none"> <li>Human Reproduction</li> <li>Changes in Boys</li> <li>Changes in Girls</li> <li>Changing Emotions</li> <li>Relationships and Families</li> <li>Where Do I Come From?</li> </ol>
	<b><u>VIPs</u></b> Relationships	<b><u>Safety First</u></b> Health and Wellbeing	<b><u>One World</u></b> Living in the Wider World	<b><u>Digital Wellbeing</u></b> Relationships	<b><u>Money Matters</u></b> Living in the Wider World	<b><u>Growing Up</u></b> Health and Wellbeing
<b>Year 5/6</b>	<ol style="list-style-type: none"> <li>People We Love</li> <li>Think Before You Act</li> <li>It's OK to Disagree</li> <li>You Decide</li> <li>Secrets</li> <li>False Friends</li> </ol>	<ol style="list-style-type: none"> <li>You Are Responsible</li> <li>What Are the Risks?</li> <li>Making Your Mind Up</li> <li>In an Emergency</li> <li>Home - Safe and Sound</li> <li>Outdoors - Playing It Safe</li> </ol>	<ol style="list-style-type: none"> <li>Global Citizens</li> <li>Global Warming</li> <li>Energy</li> <li>Water</li> <li>Biodiversity</li> <li>In Our Hands</li> </ol>	<ol style="list-style-type: none"> <li>My Digital Life</li> <li>Staying Safe, Healthy &amp; Happy Online</li> <li>Online Relationship</li> <li>Social Media</li> <li>Saying No to Online Bullying</li> <li>Fake News</li> </ol>	<ol style="list-style-type: none"> <li>Look After It</li> <li>Critical Consumers</li> <li>Value for Money &amp; Ethical Spending</li> <li>Budgeting</li> <li>Money and Emotional Wellbeing</li> <li>Money in the Wider World</li> </ol>	<ol style="list-style-type: none"> <li>Changing Bodies</li> <li>Changing Emotions</li> <li>Just the Way You Are</li> <li>Relationships</li> <li>Let's Talk About Sex</li> <li>Human Reproduction</li> </ol>